

# CROSS YOUR HEART

4 blocks

Everyone has heard the phrase "Cross your heart". It's a phrase that is used to seal a promise. Make someone you love a quilt using this simple block. I promise everyone will love this special quilt.

Students will learn how to machine appliqué and quilt the blocks at the same time. You can use a zig-zag stitch, buttonhole stitch or satin stitch. You can even do this by hand, if you prefer. The appliqué is done through the batting and backing and then blocks are assembled in the quilt as you go method. It's a fun and easy technique. This project is suitable for all levels of quilters.

The individual skill level will determine the # of blocks students complete in class.

Cross Your Heart is a delightful quilt project featured in the new book, *The Quilted Cross*, published by American Quilter's Society.

*THE BOOK IS NOT REQUIRED, but will be available.* I will provide a full size pattern for each student.

\*If you chose to create a positive/negative quilt, as shown in my black and white quilt, then you will need 2 each of the background and heart prints.

Another creative alternative: Use what you have in your stash and create a scrap look with all different backgrounds and different print hearts.

- 4 – 11" squares of background fabric\*
- 4 – 9" squares of print fabric for hearts\*
- 4 – 11 1/2" squares of backing fabric
- 4 – 11" squares of 100% cotton or thin poly/cotton batting
- 1 yard lightweight fusible web

## **PLEASE PRE-CUT YOUR FABRICS BEFORE CLASS**

Basic sewing supplies (scissors, pencil, pins, etc)

Thread for machine appliqué (can be a matching color or contrasting color) *I suggest you use the same color thread for applique and in your bobbin*

Sewing machine with a zig zag, feather, blanket or buttonhole stitch (Please bring your owners manual and extra attachments.) You can even use a straight stitch.

Walking foot for machine (if you already have one, but it is not required)

I look forward to seeing you in class. If you have any questions, feel free to call me at 575 622-1826 or [jmichelle@cableone.net](mailto:jmichelle@cableone.net).

Michelle