

Over the Mountain Quilters' Guild
March 12, 2013 Supplies List
Los Vecinos Community Center
9:30 a.m.

Appliqué Block of the Month – Verbena:

Each month, you will need one 11" x 11" background fabric in a neutral color or subtle print. After adding the appliqué, the block will be squared to 10-1/2" x 10-1/2". You will also need the following coordinated fabrics, most of which will be repeated in the months ahead.

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|-----------------------------|---|------------------------|
| Medium Green | Medium (darker) Green | Light Pink |
| Light Violet | Medium Violet | Medium (darker) Violet |
| 11" x 11" Background Fabric | <i>Steam-a-Seam 2 (provided by OTM)</i> | |

Supplies Needed:

- Sewing Machine with zig-zag (walking foot recommended, but not required)
- Basic Sewing Kit and "appliqué pressing sheet"
- Small sharp scissors, soft lead pencil or fine-line Sharpie-type pen
- Sewing Machine Threads that blend with chosen fabrics.

Flip and Sew Table Runner Supply List

Keep A and B fabrics in separate bags

- Side A -- 1/3 yard for large triangles
-- Cut into 3 - 12 inch squares, cut 2 of these in half diagonally
(1 large square, 4 medium triangles)
1 1/2 inch strips from assorted scraps (at least 1/2 yard of fabric)
- Side B -- 1/4 yard for small triangles
-- Cut into 4 - 9 inch squares, cut all of these in half diagonally
(8 small triangles)
1 1/2 inch strips from assorted scraps (at least 1/2 yard of fabric)
- Batting -- 3/4 yard thin cotton or polyester (I used Warm & Natural)
-- Cut 5 12 1/2 inch squares, sub cut 2 of these diagonally once
Sub cut 2 of these diagonally twice
(8 small triangles, 4 medium triangles and 1 large square)
- Binding -- 1/4 yard, cut into 2 1/4 inch strips