

Following is the supply list for the December project. Note, while the supply list is for four potholders, we will be making ONE potholder at the meeting. OTM is providing the Insul-Bright for your first potholder.

HEART AND HAND POTHOLDER

Supplies (makes 4):

- $\frac{1}{2}$ yard 100% cotton fabric (prewashed)
- $\frac{1}{2}$ yard 100% coordinating cotton fabric (prewashed)
- $\frac{1}{2}$ yard 100% cotton batting
- $\frac{1}{2}$ yard Insul-Bright (mylar) batting or Teflon-coated fabric
- 1 package extra-wide double-fold bias tape (or make your own bias binding)
- Thread to match